1  
00:00:03,180 --> 00:00:04,860  
好，各位同学们  
  
2  
00:00:05,380 --> 00:00:09,540  
接着咱们金匮要略的分享学习  
  
3  
00:00:10,260 --> 00:00:12,300  
咱们今天这一部分内容呢  
  
4  
00:00:12,700 --> 00:00:15,620  
是金匮要略原文第九章  
  
5  
00:00:16,309 --> 00:00:21,070  
所谓胸痹心痛短气病脉证治第九  
  
6  
00:00:22,260 --> 00:00:23,700  
呃，那么讲到这呢  
  
7  
00:00:23,700 --> 00:00:24,700  
我们再次啊  
  
8  
00:00:25,180 --> 00:00:30,050  
依照惯例还是要解一下这个名词  
  
9  
00:00:30,370 --> 00:00:31,250  
它是什么意思  
  
10  
00:00:31,850 --> 00:00:33,050  
所谓胸壁  
  
11  
00:00:37,140 --> 00:00:38,220  
咳咳  
  
12  
00:00:38,780 --> 00:00:43,620  
后面心痛暖气呢，那么这一篇比较特别  
  
13  
00:00:44,540 --> 00:00:47,020  
后面心痛也好，短期也罢  
  
14  
00:00:47,580 --> 00:00:53,360  
都是对胸壁这个病症症状的一些描述啊  
  
15  
00:00:53,360 --> 00:00:56,640  
那么也是胸壁呢，会发生类似的问题  
  
16  
00:00:57,340 --> 00:00:57,540  
呃  
  
17  
00:00:57,580 --> 00:01:00,140  
那么在这就要声明一下  
  
18  
00:01:00,140 --> 00:01:03,370  
那么所谓胸壁，相当于啊  
  
19  
00:01:03,370 --> 00:01:06,370  
那么在现代临床之中，什么病  
  
20  
00:01:07,310 --> 00:01:09,390  
呃，笼统一点说啊  
  
21  
00:01:09,990 --> 00:01:15,530  
那么大约等于我们今天说的心血管啊  
  
22  
00:01:15,570 --> 00:01:17,530  
那么心血管病都有哪些呢  
  
23  
00:01:17,530 --> 00:01:22,130  
打个比方，我们所说呃冠心病啊  
  
24  
00:01:22,250 --> 00:01:22,890  
心绞痛  
  
25  
00:01:23,850 --> 00:01:26,570  
甚至心梗啊，那么等等吧  
  
26  
00:01:27,290 --> 00:01:30,410  
呃，一系列的心血管为主的疾病  
  
27  
00:01:30,970 --> 00:01:32,410  
那么他差不多啊  
  
28  
00:01:32,410 --> 00:01:36,810  
从症状啊到中医论治的病因病机差不多  
  
29  
00:01:37,720 --> 00:01:39,320  
呃，那么这么说之后呢  
  
30  
00:01:39,320 --> 00:01:43,040  
实际上就有了一个比较尴尬的问题啊  
  
31  
00:01:43,040 --> 00:01:45,960  
那么就是我们从现代临床的角度  
  
32  
00:01:46,740 --> 00:01:47,660  
咱打比方啊  
  
33  
00:01:48,020 --> 00:01:50,580  
这个心肌梗塞咱们都知道  
  
34  
00:01:51,180 --> 00:01:51,380  
嗯  
  
35  
00:01:51,700 --> 00:01:52,860  
它主要的原因  
  
36  
00:01:53,100 --> 00:01:55,620  
所谓主动脉啊  
  
37  
00:01:55,620 --> 00:01:59,940  
那么心脏的动脉呢，被斑块堵塞了  
  
38  
00:02:00,500 --> 00:02:01,860  
那按照我们中医来说呢  
  
39  
00:02:02,300 --> 00:02:03,900  
那么所谓堵塞斑块  
  
40  
00:02:03,980 --> 00:02:05,740  
其实它的病机  
  
41  
00:02:06,860 --> 00:02:08,820  
那么大约等于淤血  
  
42  
00:02:10,080 --> 00:02:13,240  
那么我们老百姓也知道有淤血怎么办啊  
  
43  
00:02:13,240 --> 00:02:15,080  
那中医擅长活血化瘀  
  
44  
00:02:15,690 --> 00:02:16,530  
那么问题来了  
  
45  
00:02:17,290 --> 00:02:19,090  
在心梗的时候能不能化瘀  
  
46  
00:02:19,690 --> 00:02:22,850  
第二一个问题，那么有很多其他位置的斑块  
  
47  
00:02:22,850 --> 00:02:26,710  
比如说呃一些脑内的斑块啊  
  
48  
00:02:27,390 --> 00:02:28,830  
包括肺内的啊  
  
49  
00:02:29,660 --> 00:02:32,300  
甚至是四肢的动静脉斑块  
  
50  
00:02:32,580 --> 00:02:34,020  
如果我们不小心动了它  
  
51  
00:02:34,500 --> 00:02:37,620  
那么在循环过程中再次造成堵塞  
  
52  
00:02:37,990 --> 00:02:40,310  
这个是不是一个很现实的问题  
  
53  
00:02:40,670 --> 00:02:47,500  
因此说我们中医的理论在心脑血管病上怎么用啊  
  
54  
00:02:47,620 --> 00:02:51,060  
那么我们未来的临证又要往哪条路上走  
  
55  
00:02:51,540 --> 00:02:53,260  
其实有的时候我在感慨  
  
56  
00:02:53,300 --> 00:02:54,180  
我们中医呢  
  
57  
00:02:54,680 --> 00:02:58,200  
似乎貌似在走一条与大多数  
  
58  
00:02:59,860 --> 00:03:03,810  
民族和人群相反的道路  
  
59  
00:03:04,570 --> 00:03:06,570  
我们很多时候是在返本还原  
  
60  
00:03:07,050 --> 00:03:09,210  
那么当每每找不到答案的时候怎么办  
  
61  
00:03:09,650 --> 00:03:11,470  
开卷有益啊  
  
62  
00:03:11,590 --> 00:03:13,470  
所谓问渠哪得清如许  
  
63  
00:03:13,510 --> 00:03:16,790  
唯有源头活水来问老祖宗啊  
  
64  
00:03:16,790 --> 00:03:17,510  
问老祖宗  
  
65  
00:03:17,790 --> 00:03:23,420  
那么这些经典就是我们打开这些临床疾病的钥匙啊  
  
66  
00:03:23,420 --> 00:03:25,590  
那么也就呃这些问题呢  
  
67  
00:03:25,590 --> 00:03:29,470  
我们带着这些问题开始进入我们今天胸壁的学习  
  
68  
00:03:29,830 --> 00:03:31,470  
那么也就是从我们中医来说  
  
69  
00:03:31,470 --> 00:03:34,650  
这个淤血我们该不该把它划开  
  
70  
00:03:34,970 --> 00:03:35,610  
能不能画  
  
71  
00:03:36,050 --> 00:03:36,610  
怎么画  
  
72  
00:03:36,810 --> 00:03:37,130  
对吧  
  
73  
00:03:37,130 --> 00:03:38,730  
我们到底有没有画它  
  
74  
00:03:39,650 --> 00:03:41,050  
但是他最后怎么样了  
  
75  
00:03:41,050 --> 00:03:41,450  
对吧  
  
76  
00:03:41,730 --> 00:03:41,930  
诶  
  
77  
00:03:41,970 --> 00:03:44,410  
那么我要给大家详细的聊一聊  
  
78  
00:03:44,730 --> 00:03:49,290  
我在临证之中呃一些学习的心得和体会啊  
  
79  
00:03:50,920 --> 00:03:51,760  
那么这块呢  
  
80  
00:03:52,120 --> 00:03:54,440  
首先我们还是稍稍解释一下吧  
  
81  
00:03:54,440 --> 00:03:56,520  
所谓这个胸壁啊  
  
82  
00:03:56,600 --> 00:03:58,200  
那么这个呃  
  
83  
00:03:59,280 --> 00:04:00,240  
名字非常简单  
  
84  
00:04:01,280 --> 00:04:03,080  
胸和臂两个词没错吧  
  
85  
00:04:03,600 --> 00:04:04,000  
哎  
  
86  
00:04:05,440 --> 00:04:07,320  
这个胸呢  
  
87  
00:04:08,040 --> 00:04:11,250  
解释的是部位啊  
  
88  
00:04:11,610 --> 00:04:13,330  
凶是说的是这个部位  
  
89  
00:04:14,450 --> 00:04:14,730  
额  
  
90  
00:04:16,399 --> 00:04:18,320  
那么后世中医常讲啊  
  
91  
00:04:18,440 --> 00:04:19,200  
胸为什么呢  
  
92  
00:04:19,200 --> 00:04:21,360  
为清阳之辅，咱们都知道  
  
93  
00:04:21,360 --> 00:04:22,480  
从解剖上来讲  
  
94  
00:04:22,920 --> 00:04:25,760  
胸膈之内那么有两个重要的脏器  
  
95  
00:04:26,120 --> 00:04:26,960  
一个是肺脏  
  
96  
00:04:26,960 --> 00:04:27,560  
一个是心脏  
  
97  
00:04:27,960 --> 00:04:30,280  
心肺同居于上焦啊  
  
98  
00:04:30,320 --> 00:04:33,920  
那么这个就呃，就是他主要讲的是这个问题  
  
99  
00:04:33,920 --> 00:04:35,160  
但是有一个事啊  
  
100  
00:04:36,200 --> 00:04:38,240  
你把B字加上之后呢  
  
101  
00:04:39,360 --> 00:04:40,880  
中间就会出现一点问题  
  
102  
00:04:44,160 --> 00:04:45,760  
呃B首先什么意思啊  
  
103  
00:04:45,800 --> 00:04:48,240  
这个在古代的说文之中  
  
104  
00:04:48,280 --> 00:04:49,200  
那么呃  
  
105  
00:04:50,040 --> 00:04:53,310  
并不是跟我们内经啊说的完全一致  
  
106  
00:04:53,390 --> 00:04:55,670  
他还是从老百姓的那个角度啊  
  
107  
00:04:55,670 --> 00:04:57,310  
认为诗就是必  
  
108  
00:04:57,670 --> 00:04:59,470  
但其实我们内经呢  
  
109  
00:04:59,510 --> 00:05:00,870  
那么肯定还是医家呀  
  
110  
00:05:01,270 --> 00:05:03,510  
有很多东西不能仅仅望文而生义啊  
  
111  
00:05:03,790 --> 00:05:05,710  
那么还要从根源上去理解它  
  
112  
00:05:06,100 --> 00:05:09,940  
那么苏恩的悖论首先给大家讲了一个问题  
  
113  
00:05:09,940 --> 00:05:11,760  
那必执政啊  
  
114  
00:05:12,470 --> 00:05:14,830  
何所致，也就怎么造成的这个痹症  
  
115  
00:05:15,150 --> 00:05:17,590  
那么古圣人说的很明确  
  
116  
00:05:17,910 --> 00:05:20,650  
叫风寒湿，三气杂志合而为毕  
  
117  
00:05:20,650 --> 00:05:23,450  
这个咱们在座的所有的同道啊  
  
118  
00:05:23,570 --> 00:05:26,090  
包括同学们都非常的熟悉  
  
119  
00:05:26,500 --> 00:05:28,980  
所谓风寒  
  
120  
00:05:29,950 --> 00:05:31,870  
是那么大家先记住这个事啊  
  
121  
00:05:32,670 --> 00:05:35,560  
三气杂质，杂二之后怎么着了呢  
  
122  
00:05:35,560 --> 00:05:38,760  
那么由于风寒湿各自邪气偏盛不同  
  
123  
00:05:39,060 --> 00:05:40,300  
所谓风气盛者  
  
124  
00:05:40,660 --> 00:05:42,260  
那么风性善行而数变  
  
125  
00:05:42,620 --> 00:05:45,100  
我们常常讲这个叫什么，叫形毕  
  
126  
00:05:45,620 --> 00:05:48,790  
而这个寒比较盛者  
  
127  
00:05:49,030 --> 00:05:50,150  
咱们说叫什么呢  
  
128  
00:05:51,080 --> 00:05:52,400  
寒则痛对吧  
  
129  
00:05:52,440 --> 00:05:53,040  
寒凝则痛  
  
130  
00:05:53,040 --> 00:05:54,240  
我们称之为痛痹  
  
131  
00:05:54,560 --> 00:05:56,840  
那么湿性粘滞这种呢  
  
132  
00:05:56,840 --> 00:05:59,210  
黏浊而不去迁延日久  
  
133  
00:05:59,290 --> 00:06:01,770  
我们称之为什么称之为浊壁啊  
  
134  
00:06:02,290 --> 00:06:03,410  
那么这个三个B呢  
  
135  
00:06:03,410 --> 00:06:04,290  
实际上啊  
  
136  
00:06:04,290 --> 00:06:05,810  
风风寒湿三个因素呢  
  
137  
00:06:06,050 --> 00:06:08,170  
那么在素问的必论之中  
  
138  
00:06:08,530 --> 00:06:13,830  
素问用了一个非常宏观而非常漂亮的结构啊  
  
139  
00:06:14,110 --> 00:06:16,430  
给你讲了人体五脏六腑  
  
140  
00:06:16,430 --> 00:06:19,850  
四肢百骸各种病的发生啊  
  
141  
00:06:20,010 --> 00:06:21,970  
无非脾脉肉筋骨肝心脾肺肾  
  
142  
00:06:22,370 --> 00:06:24,390  
但是问题来了  
  
143  
00:06:24,830 --> 00:06:28,310  
在内经之中根本就没有出现胸壁  
  
144  
00:06:30,400 --> 00:06:33,000  
这个是我说的第一个观点  
  
145  
00:06:33,360 --> 00:06:34,600  
内经之中没有雄辩  
  
146  
00:06:36,490 --> 00:06:38,250  
那么在哪出现的兄弟呢  
  
147  
00:06:38,610 --> 00:06:40,090  
其实是伤寒杂病论  
  
148  
00:06:40,720 --> 00:06:41,600  
但是这块呢  
  
149  
00:06:41,600 --> 00:06:47,960  
我们且不考证伤寒杂病论的胸壁是仲景先师自己所提  
  
150  
00:06:48,430 --> 00:06:50,190  
还是说勤求古训  
  
151  
00:06:50,190 --> 00:06:54,260  
博采中方广汤液经法而为伤寒杂病论  
  
152  
00:06:54,260 --> 00:06:56,020  
这个我们不考证这个事啊  
  
153  
00:06:56,380 --> 00:06:57,340  
我们就说一个问题  
  
154  
00:06:57,620 --> 00:06:59,380  
那么从这个字上来说  
  
155  
00:06:59,380 --> 00:07:00,220  
我个人认为  
  
156  
00:07:00,590 --> 00:07:05,450  
胸壁的说法实际上是发展了内经的理论  
  
157  
00:07:05,850 --> 00:07:08,050  
是内经理论的一个延续和发展  
  
158  
00:07:08,050 --> 00:07:08,890  
为什么这么讲啊  
  
159  
00:07:09,170 --> 00:07:10,650  
我这么说是有原因的  
  
160  
00:07:11,510 --> 00:07:11,710  
呃  
  
161  
00:07:11,710 --> 00:07:12,110  
这个呢  
  
162  
00:07:12,110 --> 00:07:17,830  
就需要我们关注和借助一些跟内难相关的理论  
  
163  
00:07:18,470 --> 00:07:19,430  
呃，在这呢  
  
164  
00:07:20,390 --> 00:07:20,630  
呃  
  
165  
00:07:20,790 --> 00:07:23,190  
有这么一篇，我希望大家引起重视  
  
166  
00:07:23,710 --> 00:07:25,390  
灵枢有一篇啊  
  
167  
00:07:25,390 --> 00:07:27,470  
灵枢有一个邪客论  
  
168  
00:07:27,920 --> 00:07:31,600  
这个大家看一下灵枢  
  
169  
00:07:34,820 --> 00:07:35,340  
斜客  
  
170  
00:07:38,480 --> 00:07:41,600  
这个协客论，你把它打开之后  
  
171  
00:07:41,600 --> 00:07:44,770  
你就会发现一个非常有意思的事  
  
172  
00:07:45,170 --> 00:07:50,120  
林氏斜克论里面引用了一句博高先师，他说的话  
  
173  
00:07:50,200 --> 00:07:50,920  
他说什么呢  
  
174  
00:07:51,640 --> 00:07:54,440  
叫五谷入于胃也啊  
  
175  
00:07:54,440 --> 00:07:55,880  
就是我们吃的饭对吧  
  
176  
00:07:55,960 --> 00:07:56,880  
到了位置之后  
  
177  
00:07:57,200 --> 00:07:57,400  
哎  
  
178  
00:07:57,400 --> 00:07:59,480  
这块高能了啊  
  
179  
00:07:59,920 --> 00:08:06,030  
叫其糟粕津液宗气分为三岁啊  
  
180  
00:08:06,070 --> 00:08:08,150  
那么他就告诉你了，呃  
  
181  
00:08:08,350 --> 00:08:09,070  
他的什么呢  
  
182  
00:08:09,150 --> 00:08:10,990  
五谷入入位之后  
  
183  
00:08:14,540 --> 00:08:16,860  
那么变化成了三个东西  
  
184  
00:08:17,260 --> 00:08:20,340  
第一糟粕，咱们知道糟粕是什么  
  
185  
00:08:20,340 --> 00:08:22,970  
就是最后变成大便嘛  
  
186  
00:08:22,970 --> 00:08:23,250  
对吧  
  
187  
00:08:23,250 --> 00:08:25,570  
那排出去了，这个是是要排掉的  
  
188  
00:08:26,530 --> 00:08:28,290  
那么第二呢是津液  
  
189  
00:08:30,780 --> 00:08:33,500  
第三就是宗气  
  
190  
00:08:34,770 --> 00:08:36,010  
这个很好解释  
  
191  
00:08:36,090 --> 00:08:37,730  
那么糟粕肯定是要排走的  
  
192  
00:08:38,049 --> 00:08:40,570  
但是人体留下来的分成两条道  
  
193  
00:08:41,049 --> 00:08:41,929  
一个是津液  
  
194  
00:08:41,929 --> 00:08:42,610  
一个是中期  
  
195  
00:08:42,610 --> 00:08:43,090  
没错吧  
  
196  
00:08:43,370 --> 00:08:43,570  
哎  
  
197  
00:08:43,570 --> 00:08:44,690  
一个偏于阳分  
  
198  
00:08:45,010 --> 00:08:46,690  
一个偏于阴分啊  
  
199  
00:08:46,690 --> 00:08:48,490  
一个是气态的，一个是液态的  
  
200  
00:08:48,570 --> 00:08:49,450  
这就非常简单  
  
201  
00:08:49,730 --> 00:08:50,610  
所以宗气呢  
  
202  
00:08:50,850 --> 00:08:52,130  
它是非常本始的  
  
203  
00:08:52,130 --> 00:08:53,680  
一个发生了气  
  
204  
00:08:54,040 --> 00:08:56,960  
而且他有一个自己特有的行走的规律  
  
205  
00:08:56,960 --> 00:08:57,800  
它怎么走呢  
  
206  
00:08:58,040 --> 00:09:00,760  
后面博高先师又补充了一句话  
  
207  
00:09:01,300 --> 00:09:03,620  
故宗气这句话大家就非常熟了  
  
208  
00:09:03,860 --> 00:09:06,030  
叫积于胸中啊  
  
209  
00:09:06,030 --> 00:09:09,510  
他这个气本身是布散在哪啊，胸中的  
  
210  
00:09:09,750 --> 00:09:10,390  
而且呢  
  
211  
00:09:10,830 --> 00:09:14,190  
处于喉咙，以贯心脉而行呼吸烟  
  
212  
00:09:15,030 --> 00:09:17,310  
你看出喉咙啊  
  
213  
00:09:17,670 --> 00:09:19,300  
贯心脉啊  
  
214  
00:09:19,740 --> 00:09:23,700  
贯通心脏的这个这个这个心主血脉的功能啊  
  
215  
00:09:24,220 --> 00:09:25,380  
而行什么呢  
  
216  
00:09:25,500 --> 00:09:26,580  
行，呼吸之用  
  
217  
00:09:26,880 --> 00:09:27,920  
咱们讲这这个  
  
218  
00:09:28,210 --> 00:09:30,010  
这里头一下，一个中气  
  
219  
00:09:30,010 --> 00:09:32,610  
实际上他就穿了两个重要的脏器  
  
220  
00:09:32,890 --> 00:09:34,210  
贯穿两个重要的脏器  
  
221  
00:09:34,570 --> 00:09:36,330  
那么我们说冠心脉  
  
222  
00:09:36,680 --> 00:09:39,130  
那么他首先通的是谁啊  
  
223  
00:09:40,090 --> 00:09:40,490  
心脏  
  
224  
00:09:40,970 --> 00:09:42,890  
第二，行呼吸依靠的是谁  
  
225  
00:09:42,930 --> 00:09:45,290  
谁是司呼吸之用呢  
  
226  
00:09:46,280 --> 00:09:48,080  
那么肺，大家看好了吧  
  
227  
00:09:48,600 --> 00:09:52,190  
所以说宗气的生理功能  
  
228  
00:09:53,940 --> 00:09:58,700  
那么推动了心肺两大脏器功能的行使  
  
229  
00:09:59,060 --> 00:10:00,820  
因此从这个角度上来看呢  
  
230  
00:10:01,180 --> 00:10:01,940  
我们说  
  
231  
00:10:03,800 --> 00:10:05,880  
正好就是这个，我们讲叫什么  
  
232  
00:10:06,120 --> 00:10:07,240  
这个宗气啊  
  
233  
00:10:07,560 --> 00:10:09,360  
刚才讲了宗气积于胸中  
  
234  
00:10:09,360 --> 00:10:11,230  
是不是它是，呃  
  
235  
00:10:11,350 --> 00:10:12,750  
后世叫青阳知府  
  
236  
00:10:13,360 --> 00:10:17,400  
那么中气就是要走走这个胸阳之位的，走这个位置  
  
237  
00:10:17,800 --> 00:10:22,550  
但是这个位置如果中了壁之后，会变成什么样呢  
  
238  
00:10:22,550 --> 00:10:23,470  
这个我们谁也不知道  
  
239  
00:10:23,790 --> 00:10:27,110  
但是我们反推胸中有谁，有哪两脏  
  
240  
00:10:28,090 --> 00:10:32,010  
根据我们的解剖常识和内经来说，无非心肺而已  
  
241  
00:10:32,290 --> 00:10:34,050  
包括中气的体重，没错吧  
  
242  
00:10:34,250 --> 00:10:34,930  
无非心肺  
  
243  
00:10:35,170 --> 00:10:37,560  
那么胸壁咱不知道什么样  
  
244  
00:10:37,560 --> 00:10:42,870  
但是心壁和肺壁在素问悖论之中是非常明确的吧  
  
245  
00:10:43,600 --> 00:10:46,760  
所以你翻一翻，那么答案就昭然若揭  
  
246  
00:10:46,800 --> 00:10:47,680  
非常的简单  
  
247  
00:10:47,720 --> 00:10:50,080  
我们看一下孙B论里头怎么说  
  
248  
00:10:50,850 --> 00:10:51,690  
那么第一个问题  
  
249  
00:10:51,690 --> 00:10:53,410  
所谓废币是什么呢  
  
250  
00:10:54,530 --> 00:10:57,090  
B论讲叫胸背痛  
  
251  
00:10:58,490 --> 00:10:59,490  
这个就熟了吧  
  
252  
00:11:00,070 --> 00:11:03,550  
咱们那个胸壁是不是就给你讲这个问题啊  
  
253  
00:11:03,590 --> 00:11:05,150  
所谓心痛彻背啊  
  
254  
00:11:05,230 --> 00:11:05,750  
没错吧  
  
255  
00:11:06,110 --> 00:11:06,310  
哎  
  
256  
00:11:06,310 --> 00:11:08,110  
那么胸背痛怎么样呢  
  
257  
00:11:09,790 --> 00:11:12,190  
后头还有呃  
  
258  
00:11:14,000 --> 00:11:17,880  
痛，肾上气烦满传呕啊  
  
259  
00:11:17,880 --> 00:11:21,880  
那么这个大家可以画一下这个内经这部分啊  
  
260  
00:11:22,490 --> 00:11:23,330  
废币的内容  
  
261  
00:11:24,410 --> 00:11:24,610  
呃  
  
262  
00:11:24,650 --> 00:11:25,570  
那么心币呢  
  
263  
00:11:25,930 --> 00:11:29,210  
也有，也有一个描述叫脉不通  
  
264  
00:11:29,930 --> 00:11:30,130  
哎  
  
265  
00:11:30,130 --> 00:11:31,850  
这个人的脉一摸就没有了  
  
266  
00:11:32,570 --> 00:11:35,850  
这个就跟我们临床上这个心梗啊  
  
267  
00:11:35,890 --> 00:11:38,210  
急性发作的症状是一模一样的啊  
  
268  
00:11:39,260 --> 00:11:39,460  
呃  
  
269  
00:11:40,300 --> 00:11:43,620  
烦则心下骨抱，上气而喘  
  
270  
00:11:44,660 --> 00:11:47,820  
呃耶，干善矮绝  
  
271  
00:11:47,860 --> 00:11:49,580  
气上则恐  
  
272  
00:11:50,340 --> 00:11:51,840  
那么这个，呃  
  
273  
00:11:51,960 --> 00:11:53,320  
咱们讲伤寒论  
  
274  
00:11:53,480 --> 00:11:54,400  
小青龙加减  
  
275  
00:11:55,070 --> 00:11:55,470  
或渴  
  
276  
00:11:55,510 --> 00:11:56,310  
或利，或噎  
  
277  
00:11:56,830 --> 00:11:58,550  
或小便不利，少腹满或喘者  
  
278  
00:11:58,710 --> 00:12:00,750  
小青龙汤主之，那个咽呢  
  
279  
00:12:01,310 --> 00:12:02,390  
去麻黄加附子  
  
280  
00:12:02,430 --> 00:12:05,050  
这个我们后头讲，为什么啊  
  
281  
00:12:05,090 --> 00:12:07,570  
其实在这跟心脏的功能是有关的  
  
282  
00:12:08,010 --> 00:12:08,210  
呃  
  
283  
00:12:08,290 --> 00:12:10,570  
我经常跟我学生讲，临床上有很多呀  
  
284  
00:12:11,250 --> 00:12:13,530  
嗓子噎得慌，跟噎个鸡蛋黄似的  
  
285  
00:12:14,090 --> 00:12:15,490  
他误认为是痰阻  
  
286  
00:12:16,010 --> 00:12:18,570  
当着这个叫什么  
  
287  
00:12:18,570 --> 00:12:20,580  
当没合气质呢  
  
288  
00:12:21,540 --> 00:12:24,180  
那么有好多其实是心脏的毛病，对吧  
  
289  
00:12:24,620 --> 00:12:24,820  
哎  
  
290  
00:12:24,820 --> 00:12:26,700  
有好多心脏的毛病，不由于你  
  
291  
00:12:26,700 --> 00:12:27,980  
你没考虑这个问题  
  
292  
00:12:27,980 --> 00:12:29,340  
可能就误诊了啊  
  
293  
00:12:30,570 --> 00:12:30,770  
呃  
  
294  
00:12:30,770 --> 00:12:32,890  
那么因此说心必废币啊  
  
295  
00:12:32,970 --> 00:12:34,810  
那么在内经之中，古已有之  
  
296  
00:12:34,810 --> 00:12:36,290  
你把他俩合起来啊  
  
297  
00:12:36,650 --> 00:12:40,360  
那么跟心肺的功能相合  
  
298  
00:12:40,440 --> 00:12:42,910  
就与与这个宗气呀  
  
299  
00:12:43,150 --> 00:12:44,310  
就是一回事了，对吧  
  
300  
00:12:44,630 --> 00:12:46,430  
那么从源到流，从流到源  
  
301  
00:12:46,830 --> 00:12:48,030  
咱们反推回来  
  
302  
00:12:48,400 --> 00:12:49,560  
那么因此胸壁呢  
  
303  
00:12:49,880 --> 00:12:56,120  
它其实是囊括了肺壁和心壁的一个痹证的集成  
  
304  
00:12:56,920 --> 00:12:57,480  
没错吧  
  
305  
00:12:57,960 --> 00:13:00,320  
那么也就是说，凶讲的是阳位  
  
306  
00:13:00,700 --> 00:13:02,100  
而这个B呢  
  
307  
00:13:02,100 --> 00:13:03,660  
说的其实归根结底  
  
308  
00:13:03,700 --> 00:13:05,740  
我们讲一定要明白这个病从哪来  
  
309  
00:13:05,900 --> 00:13:07,260  
你才知道它怎么走  
  
310  
00:13:07,480 --> 00:13:09,120  
才知道怎么治那么智  
  
311  
00:13:09,280 --> 00:13:10,520  
其实从哪治风寒湿  
  
312  
00:13:10,760 --> 00:13:12,640  
这是我们中国人独有的智慧  
  
313  
00:13:12,680 --> 00:13:13,920  
这个很了不得啊  
  
314  
00:13:14,190 --> 00:13:15,550  
咱们治痹症从哪治  
  
315  
00:13:15,550 --> 00:13:17,150  
从风寒湿治，明白了吧  
  
316  
00:13:17,550 --> 00:13:17,750  
哎  
  
317  
00:13:17,750 --> 00:13:20,750  
你把风寒湿解决了这那这个东西就解决了，从这来的  
  
318  
00:13:21,590 --> 00:13:24,550  
呃，那么后头呢  
  
319  
00:13:25,760 --> 00:13:27,800  
呃我，我有一个事啊  
  
320  
00:13:27,800 --> 00:13:30,820  
那么建议大家也可以关注一下  
  
321  
00:13:31,460 --> 00:13:32,780  
那么金匮真言论呢  
  
322  
00:13:33,300 --> 00:13:36,100  
中间说过一句话，所谓南风生于夏  
  
323  
00:13:36,920 --> 00:13:37,560  
病在心  
  
324  
00:13:38,120 --> 00:13:39,120  
输在胸胁  
  
325  
00:13:40,340 --> 00:13:41,740  
西风生于秋  
  
326  
00:13:42,580 --> 00:13:43,180  
病在肺  
  
327  
00:13:43,420 --> 00:13:44,340  
输在兼备  
  
328  
00:13:45,320 --> 00:13:46,800  
这个我们就讲了一个问题  
  
329  
00:13:47,080 --> 00:13:50,960  
那么心脏的外应的输输穴在哪呢  
  
330  
00:13:51,400 --> 00:13:52,880  
在胸胁部位对吧  
  
331  
00:13:53,500 --> 00:13:55,580  
肺脏外应的输穴在哪  
  
332  
00:13:55,580 --> 00:13:56,100  
在兼备  
  
333  
00:13:56,460 --> 00:13:59,380  
其实你看从胸到背全包含了  
  
334  
00:13:59,990 --> 00:14:03,790  
因此这个跟我们说中气能够主管心肺  
  
335  
00:14:04,080 --> 00:14:05,240  
再次不谋而合啊  
  
336  
00:14:05,320 --> 00:14:08,360  
古代的经典，它都是能够互相印证  
  
337  
00:14:08,400 --> 00:14:09,640  
以经解经的啊  
  
338  
00:14:09,920 --> 00:14:11,080  
能够以经解经的  
  
339  
00:14:11,420 --> 00:14:11,620  
呃  
  
340  
00:14:11,700 --> 00:14:13,660  
那么我上述说的问题，其实呢  
  
341  
00:14:14,100 --> 00:14:19,420  
除了一句这个胸围青阳之辅是后世医家所说  
  
342  
00:14:19,940 --> 00:14:22,220  
其他内容皆是古人  
  
343  
00:14:23,220 --> 00:14:25,540  
咱们讲战汉以前的经典原文  
  
344  
00:14:25,700 --> 00:14:28,160  
没有任何一个我个人观点啊  
  
345  
00:14:28,200 --> 00:14:33,120  
那么我只是把它按照呃我们这个自然而然的  
  
346  
00:14:33,160 --> 00:14:34,280  
水到渠成的思路  
  
347  
00:14:34,520 --> 00:14:35,560  
把它贯穿起来  
  
348  
00:14:35,920 --> 00:14:36,880  
帮助大家呢  
  
349  
00:14:36,880 --> 00:14:38,440  
首先认识这个东西  
  
350  
00:14:38,800 --> 00:14:40,800  
呃，因此说我们讲到这呢  
  
351  
00:14:40,800 --> 00:14:43,320  
大家就可以稍加总结啊  
  
352  
00:14:43,320 --> 00:14:44,040  
所谓胸壁  
  
353  
00:14:44,520 --> 00:14:52,000  
无非是后世把前代新币废币的内容统括到了一块  
  
354  
00:14:52,800 --> 00:14:56,340  
对素问心币废币理论的一个发挥  
  
355  
00:14:56,900 --> 00:14:58,980  
他讲的内容是什么呢  
  
356  
00:14:59,550 --> 00:15:03,950  
所谓在胸阳之位的时候发生了风寒湿的痹症，没错吧  
  
357  
00:15:04,310 --> 00:15:05,430  
那么就是胸壁啊  
  
358  
00:15:05,850 --> 00:15:09,930  
那么至于仲景先师如何来论述和论治这个兄弟  
  
359  
00:15:09,970 --> 00:15:12,210  
我们还要看仲景先师的原文  
  
360  
00:15:13,840 --> 00:15:15,120  
那么前头说清楚了  
  
361  
00:15:15,120 --> 00:15:16,560  
后面就非常简单了  
  
362  
00:15:16,800 --> 00:15:17,440  
很多概念  
  
363  
00:15:17,840 --> 00:15:19,720  
呃，我一点大家就透了  
  
364  
00:15:20,230 --> 00:15:21,030  
那么诗曰  
  
365  
00:15:21,510 --> 00:15:25,800  
夫麦当娶太过不及，阳微阴弦这块呢  
  
366  
00:15:25,800 --> 00:15:28,000  
我建议大家把它画上，就一句话  
  
367  
00:15:28,320 --> 00:15:29,240  
阳微阴弦  
  
368  
00:15:29,740 --> 00:15:31,060  
记住这四个字  
  
369  
00:15:31,380 --> 00:15:37,280  
是要贯穿于胸壁政治的始末这个四个字呢  
  
370  
00:15:37,280 --> 00:15:39,520  
我们可以这样讲，叫近义啊  
  
371  
00:15:39,520 --> 00:15:41,440  
那把他的内容都说完了  
  
372  
00:15:41,680 --> 00:15:43,240  
那么所谓阳为阴险  
  
373  
00:15:43,870 --> 00:15:45,830  
呃，我们有多种解释啊  
  
374  
00:15:46,430 --> 00:15:50,060  
其实我们从最呃最早的解释来说  
  
375  
00:15:50,460 --> 00:15:52,940  
那么羊呢，我们可以称之为人迎脉  
  
376  
00:15:53,420 --> 00:15:55,620  
那么足阳和以喉足阳明胃经对吧  
  
377  
00:15:56,060 --> 00:15:58,020  
呃，阴呢就是谁呢  
  
378  
00:15:58,420 --> 00:16:02,420  
所谓足少阴，泰希曼没错吧  
  
379  
00:16:02,420 --> 00:16:03,380  
那么就是阳微阴弦  
  
380  
00:16:03,660 --> 00:16:05,020  
但是我们后世知道呢  
  
381  
00:16:05,460 --> 00:16:05,660  
呃  
  
382  
00:16:05,940 --> 00:16:08,410  
从扁鹊以后，独取寸口  
  
383  
00:16:08,570 --> 00:16:12,930  
那么圣人已经印证了所谓三部九侯可以截取于寸口  
  
384  
00:16:13,130 --> 00:16:15,450  
他俩是原理是贯通的  
  
385  
00:16:15,760 --> 00:16:15,960  
呃  
  
386  
00:16:16,000 --> 00:16:21,080  
就像是一开始周易的补肾方法是用50根蓍草  
  
387  
00:16:22,050 --> 00:16:22,370  
对吧  
  
388  
00:16:22,690 --> 00:16:24,170  
那么到后来，呃  
  
389  
00:16:24,450 --> 00:16:26,770  
北宋理学二程先师之后  
  
390  
00:16:27,130 --> 00:16:29,730  
那么印证了用三个  
  
391  
00:16:30,660 --> 00:16:32,740  
那么那么三个这个铜钱啊  
  
392  
00:16:32,740 --> 00:16:36,100  
那么一样可以把50大衍之数把它推演出来  
  
393  
00:16:36,400 --> 00:16:38,480  
那么我们动不动其实我们讲啊  
  
394  
00:16:38,840 --> 00:16:39,720  
这个圣贤  
  
395  
00:16:39,840 --> 00:16:41,690  
圣贤，什么是圣人啊  
  
396  
00:16:41,690 --> 00:16:43,490  
其实这个是有一个准确界定的  
  
397  
00:16:43,810 --> 00:16:48,300  
就是能把天地的运行法则能够非常简化的描述  
  
398  
00:16:48,300 --> 00:16:51,140  
并且推导出来的就是圣人啊  
  
399  
00:16:51,140 --> 00:16:52,620  
就这么这这么简单  
  
400  
00:16:52,900 --> 00:16:54,060  
那么二诚做到了  
  
401  
00:16:54,060 --> 00:16:54,980  
扁鹊也做到了  
  
402  
00:16:54,980 --> 00:16:56,460  
因此他们都是圣人啊  
  
403  
00:16:56,460 --> 00:16:59,060  
我们可以这样讲讲，呃  
  
404  
00:16:59,570 --> 00:17:02,260  
那么无论是人迎脉还是太溪脉  
  
405  
00:17:02,260 --> 00:17:04,300  
最后都可以回归到寸口上  
  
406  
00:17:04,579 --> 00:17:06,619  
所以在寸口脉上，这个就非常简单  
  
407  
00:17:06,980 --> 00:17:10,140  
羊就是为寸音呢  
  
408  
00:17:10,339 --> 00:17:12,349  
为齿，还有一个理  
  
409  
00:17:12,470 --> 00:17:13,230  
呃，理解呢  
  
410  
00:17:13,390 --> 00:17:15,589  
另一个层面就是左为阳，右为阴啊  
  
411  
00:17:15,589 --> 00:17:17,950  
那么这个里头涉及到一些其他的内容  
  
412  
00:17:17,950 --> 00:17:19,589  
我们这不再过多的展开  
  
413  
00:17:19,800 --> 00:17:21,359  
总之就是一个阳一个阴  
  
414  
00:17:22,079 --> 00:17:22,280  
呃  
  
415  
00:17:22,599 --> 00:17:24,359  
他的脉象表达的呢  
  
416  
00:17:24,359 --> 00:17:25,680  
不只是一个诊断标准  
  
417  
00:17:26,310 --> 00:17:29,550  
而是为了表达他的学术内涵  
  
418  
00:17:29,790 --> 00:17:30,910  
学术内涵是什么  
  
419  
00:17:31,110 --> 00:17:32,190  
那么我们刚才讲了  
  
420  
00:17:32,590 --> 00:17:35,120  
肺为什么清阳之腹，没错吧  
  
421  
00:17:35,400 --> 00:17:37,360  
这个位置是要走走谁啊  
  
422  
00:17:37,360 --> 00:17:39,550  
走中气，是不是这理儿啊  
  
423  
00:17:39,870 --> 00:17:41,950  
那你不能走谁不能走糟粕吧  
  
424  
00:17:42,910 --> 00:17:47,310  
咱们刚才是不是说了所谓呃，五谷入于胃之后  
  
425  
00:17:48,100 --> 00:17:50,340  
那么其糟粕  
  
426  
00:17:50,900 --> 00:17:54,300  
津液和中气要分为三岁，分三条道  
  
427  
00:17:54,300 --> 00:17:54,940  
走没错吧  
  
428  
00:17:55,420 --> 00:17:56,980  
但是如果走错道了  
  
429  
00:17:58,190 --> 00:17:59,350  
大家能明白我的意思吧  
  
430  
00:17:59,550 --> 00:18:02,630  
就是不该进到青阳之位的东西  
  
431  
00:18:03,070 --> 00:18:06,680  
内容物还是是身体的一些代谢产物  
  
432  
00:18:07,160 --> 00:18:12,150  
那么走到了心血管这些心肺清扬的位置上  
  
433  
00:18:12,550 --> 00:18:14,310  
那么就会产生什么问题啊  
  
434  
00:18:14,750 --> 00:18:15,110  
胸壁  
  
435  
00:18:15,270 --> 00:18:16,550  
而且这个原因是什么  
  
436  
00:18:16,830 --> 00:18:17,550  
不是原因  
  
437  
00:18:17,550 --> 00:18:18,990  
不是因为他们走过去了  
  
438  
00:18:19,700 --> 00:18:22,020  
这个咱们一定要明白一个一个道理啊  
  
439  
00:18:22,020 --> 00:18:24,140  
这个是一个稍稍有点脑筋急转弯的问题  
  
440  
00:18:24,300 --> 00:18:25,820  
有很多人我跟他一聊天啊  
  
441  
00:18:25,940 --> 00:18:27,660  
跟我聊说中医那个  
  
442  
00:18:28,270 --> 00:18:29,590  
这个汤为什么好用  
  
443  
00:18:29,910 --> 00:18:32,790  
他给我拿出来一些这个现代化的解释说  
  
444  
00:18:32,790 --> 00:18:36,470  
因为哪个神经或者哪个通路怎么样了啊  
  
445  
00:18:36,630 --> 00:18:38,110  
我说那你说的都很对  
  
446  
00:18:38,350 --> 00:18:39,990  
但是为什么这个神经这样了  
  
447  
00:18:39,990 --> 00:18:41,550  
为什么这个通路这样了呢  
  
448  
00:18:41,750 --> 00:18:43,550  
为什么这个基因片段这样了呢  
  
449  
00:18:43,910 --> 00:18:44,470  
为什么  
  
450  
00:18:45,080 --> 00:18:46,560  
因为她自己想这样吗  
  
451  
00:18:49,260 --> 00:18:49,980  
到头了吧  
  
452  
00:18:50,580 --> 00:18:51,380  
没办法了吧  
  
453  
00:18:51,380 --> 00:18:52,340  
那你只能看着呀  
  
454  
00:18:52,340 --> 00:18:54,900  
你就知道明明白白是我承认这个问题  
  
455  
00:18:55,180 --> 00:18:57,100  
因为这个世界本身就是全息的  
  
456  
00:18:57,540 --> 00:18:59,060  
你从哪个角度切下去一刀  
  
457  
00:18:59,060 --> 00:19:00,740  
你都能看到世界的真相  
  
458  
00:19:01,060 --> 00:19:01,900  
但是我们中医呢  
  
459  
00:19:01,900 --> 00:19:03,380  
有一套我们自己推动的法则  
  
460  
00:19:03,740 --> 00:19:05,020  
就我们讲，不但要知道  
  
461  
00:19:05,020 --> 00:19:06,180  
而且要知道怎么解决  
  
462  
00:19:06,680 --> 00:19:08,760  
那胸壁闭是闭上了怎么办呀  
  
463  
00:19:09,140 --> 00:19:09,660  
没错吧  
  
464  
00:19:09,900 --> 00:19:11,380  
那么所以我们就抓住这句话  
  
465  
00:19:11,660 --> 00:19:15,500  
所谓麦当曲太过不及这个讲的问题，那么就很明确  
  
466  
00:19:15,750 --> 00:19:15,950  
呃  
  
467  
00:19:16,190 --> 00:19:19,270  
阳微阴弦不过也是太过不及的，再一次的阐释  
  
468  
00:19:19,670 --> 00:19:21,910  
那么阳威说的是太过还是不及啊  
  
469  
00:19:22,450 --> 00:19:23,570  
那明显是不吉嘛  
  
470  
00:19:23,570 --> 00:19:26,690  
就整个胸阳，是不是现在已经已经转不动了  
  
471  
00:19:27,010 --> 00:19:28,210  
那么谁太过了  
  
472  
00:19:28,210 --> 00:19:29,770  
现在因太过了  
  
473  
00:19:29,770 --> 00:19:30,890  
殷是一个贤相  
  
474  
00:19:31,450 --> 00:19:33,050  
所谓变卖法之中  
  
475  
00:19:33,410 --> 00:19:35,210  
呃，大夫硕动华者  
  
476  
00:19:35,650 --> 00:19:37,050  
此名阳也没错吧  
  
477  
00:19:37,450 --> 00:19:41,180  
辰色若咸微，此名什么此名阴也啊  
  
478  
00:19:41,700 --> 00:19:42,300  
此明阴也  
  
479  
00:19:42,540 --> 00:19:46,580  
那么这个人整个是一个阴正的脉象还是阳正的脉象啊  
  
480  
00:19:47,660 --> 00:19:50,220  
阴正的脉象，你看阳微而阴险嘛  
  
481  
00:19:50,220 --> 00:19:51,780  
那么在阳位也是阴阴脉  
  
482  
00:19:52,220 --> 00:19:53,100  
那么这个时候呢  
  
483  
00:19:53,300 --> 00:19:54,060  
吉怎么样啊  
  
484  
00:19:54,100 --> 00:19:55,300  
叫胸痹而痛  
  
485  
00:19:55,630 --> 00:19:56,510  
呃，所以然者  
  
486  
00:19:56,550 --> 00:19:57,870  
这是仲景先师的自解  
  
487  
00:19:58,070 --> 00:20:03,620  
为什么这样择其两个字叫急需虚到一定程度  
  
488  
00:20:04,030 --> 00:20:05,110  
那么阳就不足了  
  
489  
00:20:05,110 --> 00:20:07,790  
所以这个你可以看得出来，内经呢  
  
490  
00:20:08,070 --> 00:20:09,790  
富安湿三气杂志来论  
  
491  
00:20:09,790 --> 00:20:11,430  
必是从邪气的角度立论  
  
492  
00:20:12,360 --> 00:20:15,160  
而到仲景先师是以正气的视角立论  
  
493  
00:20:15,400 --> 00:20:17,200  
其实他俩拍的是同一个故事  
  
494  
00:20:17,630 --> 00:20:18,510  
这你能看懂吗  
  
495  
00:20:18,830 --> 00:20:22,830  
同一个电影，那么从不同两个角度来分别叙事  
  
496  
00:20:23,620 --> 00:20:24,820  
其实他俩并不矛盾  
  
497  
00:20:24,860 --> 00:20:25,420  
明白了吧  
  
498  
00:20:25,700 --> 00:20:26,900  
哎，他俩讲的是一个事  
  
499  
00:20:27,300 --> 00:20:29,340  
那么一个是从邪气，邪气来了  
  
500  
00:20:29,580 --> 00:20:31,500  
还有一个是从正气说正气没了  
  
501  
00:20:32,140 --> 00:20:33,260  
那他俩是两件事吗  
  
502  
00:20:33,260 --> 00:20:34,060  
不矛盾啊  
  
503  
00:20:35,180 --> 00:20:37,220  
呃，今阳虚之在上交  
  
504  
00:20:37,300 --> 00:20:38,940  
那么这个就是环环紧扣  
  
505  
00:20:38,940 --> 00:20:40,820  
那么大家看到这就非常明确了吧  
  
506  
00:20:41,220 --> 00:20:43,580  
几乎就是叫什么势如破竹  
  
507  
00:20:43,800 --> 00:20:45,640  
那么后头就是跟破竹一样的啊  
  
508  
00:20:45,840 --> 00:20:48,240  
那么就告诉你了，那么阳虚而且在哪呢  
  
509  
00:20:49,300 --> 00:20:50,300  
在上焦没错吧  
  
510  
00:20:50,300 --> 00:20:51,220  
为啥在上焦啊  
  
511  
00:20:51,780 --> 00:20:55,000  
因为宗气居于胸中，没错吧  
  
512  
00:20:55,040 --> 00:20:58,480  
心和肺同居于上焦啊之后呃  
  
513  
00:20:58,760 --> 00:21:00,740  
所以胸痹心痛者  
  
514  
00:21:01,100 --> 00:21:02,460  
以其阴险固也  
  
515  
00:21:02,460 --> 00:21:04,860  
那为什么胸壁因为什么疼呢  
  
516  
00:21:05,140 --> 00:21:07,620  
那么阴险，说的是不是内经说的风寒湿啊  
  
517  
00:21:08,480 --> 00:21:11,720  
哎，那么至于你说斑块也好还是什么也罢  
  
518  
00:21:12,000 --> 00:21:15,360  
那其实就是它的产生的病理产物啊，病理产物  
  
519  
00:21:16,260 --> 00:21:19,260  
呃，那么后头有一句话这么说  
  
520  
00:21:20,340 --> 00:21:24,860  
叫平人无寒热，短气不足以息者始也  
  
521  
00:21:25,510 --> 00:21:27,070  
呃，这句话呢  
  
522  
00:21:27,430 --> 00:21:30,630  
短期不足以吸，我们后头会反复的去论述  
  
523  
00:21:31,040 --> 00:21:31,240  
呃  
  
524  
00:21:31,320 --> 00:21:32,520  
那么这个讲的评人呢  
  
525  
00:21:32,520 --> 00:21:34,200  
就是说看着好像没啥毛病  
  
526  
00:21:34,200 --> 00:21:35,800  
其实他不是没毛病啊，有问题  
  
527  
00:21:36,240 --> 00:21:37,480  
无寒无热，没有外感  
  
528  
00:21:37,560 --> 00:21:39,280  
但是就是呼吸上不来  
  
529  
00:21:39,280 --> 00:21:41,670  
气上不来，气儿时也  
  
530  
00:21:41,670 --> 00:21:43,590  
这个时讲的什么叫邪气盛  
  
531  
00:21:44,230 --> 00:21:45,390  
邪气盛则食啊  
  
532  
00:21:46,140 --> 00:21:50,260  
然后头我们会说所谓胸壁胸中气色短气之类啊  
  
533  
00:21:50,300 --> 00:21:51,820  
这个茯苓杏仁甘草汤症等  
  
534  
00:21:52,100 --> 00:21:55,120  
那么也是在描述这个状态，好  
  
535  
00:21:55,160 --> 00:21:59,160  
那么我们进入到第三条啊原文第三条  
  
536  
00:21:59,200 --> 00:22:02,830  
咱们今天呃第一个汤  
  
537  
00:22:02,830 --> 00:22:04,110  
证瓜罗细白白酒汤  
  
538  
00:22:04,550 --> 00:22:05,990  
但是在讲这个汤之前呢  
  
539  
00:22:05,990 --> 00:22:09,390  
我还要稍稍给大家在往回拽一下啊  
  
540  
00:22:09,710 --> 00:22:11,630  
给给大家再次重复一下  
  
541  
00:22:11,710 --> 00:22:14,270  
依据我们刚才所讲的一系列的内容  
  
542  
00:22:14,690 --> 00:22:18,600  
无论是内经也好，还是呃金匮要略也罢  
  
543  
00:22:18,840 --> 00:22:19,920  
那么最后总结一下  
  
544  
00:22:19,920 --> 00:22:21,240  
胸壁其实是一个什么病  
  
545  
00:22:21,800 --> 00:22:26,180  
他从脉症上来说四个字叫什么阳微阴险  
  
546  
00:22:26,660 --> 00:22:28,980  
那么我用一个更接地气的话来说  
  
547  
00:22:29,300 --> 00:22:31,220  
无非就是清阳之窍啊  
  
548  
00:22:31,460 --> 00:22:34,910  
现在阳气虚弱，这个翘现在被谁占了呢  
  
549  
00:22:35,350 --> 00:22:39,270  
被浊阴我们说清阳和浊阴是不是一对啊  
  
550  
00:22:39,830 --> 00:22:42,220  
青阳现在虚弱了之后  
  
551  
00:22:42,260 --> 00:22:45,690  
浊音，那么剑月青阳之谓  
  
552  
00:22:46,210 --> 00:22:47,730  
那么B组了青阳之窍  
  
553  
00:22:47,970 --> 00:22:49,810  
其实就是熊壁的全部内容  
  
554  
00:22:50,650 --> 00:22:52,170  
在这我们就都完事了  
  
555  
00:22:52,170 --> 00:22:53,210  
明白了吧，同学们啊  
  
556  
00:22:53,210 --> 00:22:53,890  
都完事了啊  
  
557  
00:22:55,130 --> 00:22:55,410  
呃  
  
558  
00:22:57,170 --> 00:23:03,890  
那么后头胸痹治病啊这块就给你讲了叫喘息咳吐  
  
559  
00:23:04,610 --> 00:23:06,090  
胸背痛短气  
  
560  
00:23:06,870 --> 00:23:07,070  
呃  
  
561  
00:23:07,150 --> 00:23:09,590  
刚才咱们啊讲这个素问痹论的时候  
  
562  
00:23:09,590 --> 00:23:11,150  
当时给大家说过一个问题  
  
563  
00:23:11,510 --> 00:23:11,710  
呃  
  
564  
00:23:11,710 --> 00:23:12,910  
所谓肺壁者呢  
  
565  
00:23:13,510 --> 00:23:14,310  
胸背痛  
  
566  
00:23:14,310 --> 00:23:16,670  
肾上气，烦满传呕  
  
567  
00:23:17,240 --> 00:23:19,120  
那么其实你跟这个一看  
  
568  
00:23:19,160 --> 00:23:21,560  
你多数都能合上，没错吧  
  
569  
00:23:21,960 --> 00:23:23,120  
所以这个里头呢  
  
570  
00:23:23,400 --> 00:23:26,120  
我们说胸壁有没有肺的症状一定是有的  
  
571  
00:23:26,650 --> 00:23:27,770  
那从哪儿体现啊  
  
572  
00:23:28,370 --> 00:23:30,170  
喘息咳吐，没错吧  
  
573  
00:23:30,710 --> 00:23:34,350  
呃，那么胸背痛这个跟内经里头一个字没改啊  
  
574  
00:23:35,110 --> 00:23:35,310  
啊  
  
575  
00:23:35,430 --> 00:23:37,640  
肺痹者胸背痛啊  
  
576  
00:23:37,640 --> 00:23:38,640  
胸背痛，肾啊  
  
577  
00:23:38,640 --> 00:23:39,440  
改了一个字啊  
  
578  
00:23:39,800 --> 00:23:40,280  
胸背痛  
  
579  
00:23:40,280 --> 00:23:42,040  
肾啊，短气  
  
580  
00:23:43,530 --> 00:23:44,930  
那么看得出来  
  
581  
00:23:44,930 --> 00:23:50,570  
现在已经是一个阳气微弱邪阴邪上肝之象了吧  
  
582  
00:23:51,350 --> 00:23:52,310  
脉象什么样呢  
  
583  
00:23:52,950 --> 00:23:55,470  
那么这块讲第一个寸脉啊  
  
584  
00:23:55,510 --> 00:23:56,110  
寸口啊  
  
585  
00:23:56,510 --> 00:23:57,590  
脉沉而驰  
  
586  
00:23:58,080 --> 00:24:00,200  
那么这个阳是一个微弱的状态  
  
587  
00:24:00,200 --> 00:24:02,080  
还是一个强盛的状态啊  
  
588  
00:24:02,860 --> 00:24:04,140  
那显然是一个微弱的状态  
  
589  
00:24:04,140 --> 00:24:08,960  
这个就合上了，那个杨威关上小锦硕啊  
  
590  
00:24:09,360 --> 00:24:11,960  
那么这个这个景象啊  
  
591  
00:24:13,000 --> 00:24:14,080  
这个景象啊  
  
592  
00:24:14,400 --> 00:24:17,040  
说的也是阳气不输之象啊  
  
593  
00:24:17,560 --> 00:24:19,480  
朔象呢，阳气欲而求身  
  
594  
00:24:20,160 --> 00:24:22,550  
整个阳气都被竖住了啊  
  
595  
00:24:23,270 --> 00:24:29,660  
于是乎用了一个方叫瓜蒌泻白半夏汤啊  
  
596  
00:24:39,340 --> 00:24:47,200  
瓜楼谢白半夏汤这个汤咱们在临床上天天用啊  
  
597  
00:24:47,630 --> 00:24:49,910  
每天都能看见它治的是什么呢  
  
598  
00:24:49,990 --> 00:24:54,350  
那么我们按照刚才说的内经的理论就可以把它分开  
  
599  
00:24:54,730 --> 00:24:58,930  
它无非讲的是一个废闭的状态和一个心闭的状态吧  
  
600  
00:24:59,210 --> 00:25:00,330  
那么合成啥呀  
  
601  
00:25:00,920 --> 00:25:02,040  
胸壁，哈哈  
  
602  
00:25:02,280 --> 00:25:03,720  
那么肺闭状态怎么体现  
  
603  
00:25:04,080 --> 00:25:06,000  
体现为无非是喘息，咳吐  
  
604  
00:25:06,480 --> 00:25:07,040  
没错吧  
  
605  
00:25:07,040 --> 00:25:10,280  
胸背痛，那么心壁的体现在什么  
  
606  
00:25:10,280 --> 00:25:11,440  
在短气啊  
  
607  
00:25:11,480 --> 00:25:12,880  
就这这种状态啊  
  
608  
00:25:13,780 --> 00:25:16,940  
那么把它总结出来，那么就非常简单  
  
609  
00:25:17,340 --> 00:25:19,300  
无非是叫什么呢  
  
610  
00:25:20,270 --> 00:25:21,990  
阴邪上乘阳位  
  
611  
00:25:25,420 --> 00:25:28,140  
阴邪上乘  
  
612  
00:25:33,760 --> 00:25:35,420  
两位哎  
  
613  
00:25:36,580 --> 00:25:37,860  
阴邪称阴，邪称阳  
  
614  
00:25:38,140 --> 00:25:39,740  
所以现在我们要干的事呢  
  
615  
00:25:40,300 --> 00:25:41,820  
其实你就细想吧  
  
616  
00:25:42,540 --> 00:25:44,060  
那么无非是几件事  
  
617  
00:25:44,060 --> 00:25:44,660  
同学们  
  
618  
00:25:45,180 --> 00:25:47,100  
我认为啊，无非是两件事  
  
619  
00:25:47,780 --> 00:25:49,180  
第一件是什么呢  
  
620  
00:25:50,180 --> 00:25:54,300  
就是咱们得想办法把这个阳气啊给它扶起来  
  
621  
00:25:55,780 --> 00:25:57,180  
但是伏阳气之前  
  
622  
00:25:58,180 --> 00:25:59,820  
你要注意古人笔法啊  
  
623  
00:25:59,860 --> 00:26:01,900  
通常它会有一个，呃  
  
624  
00:26:02,220 --> 00:26:04,700  
当然除了那种微喉之外啊  
  
625  
00:26:05,280 --> 00:26:05,480  
呃  
  
626  
00:26:05,680 --> 00:26:07,000  
那么有威侯的时候  
  
627  
00:26:07,360 --> 00:26:08,480  
比如阳气已亡  
  
628  
00:26:08,600 --> 00:26:11,240  
那么就有一个办法可以用  
  
629  
00:26:11,240 --> 00:26:12,600  
就是马上回阳啊  
  
630  
00:26:12,800 --> 00:26:14,120  
这没商量没错吧  
  
631  
00:26:14,240 --> 00:26:16,120  
咱们后头也会提到这个问题  
  
632  
00:26:16,460 --> 00:26:18,060  
但是如果呢，有邪气  
  
633  
00:26:18,100 --> 00:26:21,180  
无论是邪火还是湿邪，还是有郁症  
  
634  
00:26:21,550 --> 00:26:23,950  
那么首先都要先清掉邪气  
  
635  
00:26:23,950 --> 00:26:25,990  
才能扶正邪气不去  
  
636  
00:26:26,110 --> 00:26:27,030  
正气不回啊  
  
637  
00:26:27,510 --> 00:26:29,110  
其实就是这么一个问题啊  
  
638  
00:26:29,110 --> 00:26:30,630  
生活中不也是这个道理吗  
  
639  
00:26:30,910 --> 00:26:33,760  
那么你做管理，或者你做什么事  
  
640  
00:26:34,120 --> 00:26:36,760  
有些东西一些问题你不改  
  
641  
00:26:37,600 --> 00:26:40,140  
那么这事儿也就办不成啊  
  
642  
00:26:40,180 --> 00:26:42,260  
其实就是非常非常简单的一个道理  
  
643  
00:26:42,660 --> 00:26:44,740  
邪气不去，则则正气不回  
  
644  
00:26:45,390 --> 00:26:46,310  
呃，因此说呢  
  
645  
00:26:46,310 --> 00:26:48,430  
这块咱们用了两味药啊  
  
646  
00:26:48,590 --> 00:26:51,190  
第一个药呢，是想招啊  
  
647  
00:26:52,320 --> 00:26:55,120  
把这个咱不说有这个杂质吗  
  
648  
00:26:55,560 --> 00:26:59,470  
现在就或者叫阴邪，蹭到哪儿来了  
  
649  
00:26:59,790 --> 00:27:01,750  
蹭到阳位了，先把这个阴邪怎么办啊  
  
650  
00:27:01,950 --> 00:27:03,110  
先把它把它划掉  
  
651  
00:27:03,310 --> 00:27:04,110  
把它弄走  
  
652  
00:27:04,630 --> 00:27:05,830  
这个你怎么弄啊  
  
653  
00:27:05,870 --> 00:27:06,950  
那么咱们在这呢  
  
654  
00:27:06,950 --> 00:27:09,430  
用了一味药叫瓜楼，瓜楼  
  
655  
00:27:09,590 --> 00:27:13,350  
咱们呃都知道叫瓜楼石啊  
  
656  
00:27:13,350 --> 00:27:14,470  
实际上到今天呢  
  
657  
00:27:14,470 --> 00:27:18,660  
临床上你去药房，你说我要开挂楼石啊  
  
658  
00:27:18,660 --> 00:27:20,100  
药房当时就不会了啊  
  
659  
00:27:20,100 --> 00:27:22,260  
因为这个语言啊，已经发生了变化  
  
660  
00:27:22,580 --> 00:27:24,340  
咱们今天在药房买呢  
  
661  
00:27:24,640 --> 00:27:27,440  
那么我们说有一种它是它的附属品  
  
662  
00:27:27,440 --> 00:27:29,600  
叫瓜蒌根，没错吧  
  
663  
00:27:29,930 --> 00:27:33,050  
但是你说高露根药房有的也不知道有的药功能知道  
  
664  
00:27:33,250 --> 00:27:35,210  
高露根就是我们今天常用的天花粉  
  
665  
00:27:35,620 --> 00:27:37,180  
它跟瓜楼石没啥关系  
  
666  
00:27:37,180 --> 00:27:39,020  
天花粉本身咱干啥用的  
  
667  
00:27:39,020 --> 00:27:39,860  
生津的对吧  
  
668  
00:27:40,220 --> 00:27:41,730  
止渴的，呃  
  
669  
00:27:42,130 --> 00:27:45,570  
瓜楼石这个药现在在临在那个门诊上  
  
670  
00:27:45,570 --> 00:27:50,560  
一般都是拆着药房里拆着卖有瓜蒌皮，有挂漏人是吧  
  
671  
00:27:50,920 --> 00:27:51,120  
哎  
  
672  
00:27:51,120 --> 00:27:53,800  
但是我在那头我喜欢这么用，叫全挂漏  
  
673  
00:27:54,160 --> 00:27:55,280  
全挂楼是什么意思啊  
  
674  
00:27:55,670 --> 00:27:56,790  
既有皮又有人  
  
675  
00:27:56,790 --> 00:27:57,910  
其实不是就是挂楼石吗  
  
676  
00:27:58,110 --> 00:27:58,990  
还是这个东西啊  
  
677  
00:27:59,350 --> 00:28:00,910  
那么刮楼石它有什么特点呢  
  
678  
00:28:00,910 --> 00:28:01,630  
它形啊  
  
679  
00:28:02,030 --> 00:28:03,430  
呃，我不知道大家见过没有啊  
  
680  
00:28:03,430 --> 00:28:06,430  
这个东西在药园里头它是圆的，像皮球似的啊  
  
681  
00:28:06,790 --> 00:28:07,310  
不太大  
  
682  
00:28:07,470 --> 00:28:09,470  
跟相关那么大吧，就更小点  
  
683  
00:28:11,440 --> 00:28:12,520  
形猿色赤  
  
684  
00:28:13,200 --> 00:28:16,200  
那么古人认为形猿色炽的东西跟心就很像，没错吧  
  
685  
00:28:16,520 --> 00:28:17,960  
哎，就很像呃  
  
686  
00:28:18,000 --> 00:28:19,520  
于是乎呢呃  
  
687  
00:28:20,820 --> 00:28:21,980  
他的胃又特别苦  
  
688  
00:28:22,100 --> 00:28:24,100  
而且瓜蒌这东西，你你拿水一泡  
  
689  
00:28:24,100 --> 00:28:27,060  
你就发现了那个那个剖开之后它的质地啊  
  
690  
00:28:27,060 --> 00:28:27,580  
非常润  
  
691  
00:28:27,780 --> 00:28:30,170  
拿水泡了之后，它非常黏滑啊  
  
692  
00:28:30,210 --> 00:28:31,450  
拿水泡的时候非常黏滑  
  
693  
00:28:31,810 --> 00:28:33,250  
呃，苦润之类的  
  
694  
00:28:33,880 --> 00:28:34,720  
这种性味呢  
  
695  
00:28:34,720 --> 00:28:36,600  
他就能干什么，能下降啊  
  
696  
00:28:36,920 --> 00:28:40,280  
所以他能把胸中的这些痰浊也好  
  
697  
00:28:40,720 --> 00:28:42,280  
杂质也罢啊  
  
698  
00:28:42,280 --> 00:28:43,400  
主要是痰浊啊  
  
699  
00:28:43,920 --> 00:28:47,210  
引邪能把他给给下去啊  
  
700  
00:28:47,570 --> 00:28:50,330  
所以就能交通心气，使心气下降  
  
701  
00:28:51,190 --> 00:28:52,030  
降天气嘛  
  
702  
00:28:52,030 --> 00:28:54,510  
咱不总用天气和地气来说，是呃  
  
703  
00:28:54,590 --> 00:28:56,910  
瓜楼瓜楼石在这就是降天气  
  
704  
00:28:57,340 --> 00:28:57,540  
呃  
  
705  
00:28:57,620 --> 00:28:59,260  
仲景先师每每用之啊  
  
706  
00:28:59,500 --> 00:29:03,740  
通常是一旦胸中有实邪的时候都用瓜楼食  
  
707  
00:29:03,980 --> 00:29:05,220  
比如说我们的这个  
  
708  
00:29:05,480 --> 00:29:08,200  
呃小鲜熊汤啊小鲜胸汤  
  
709  
00:29:08,650 --> 00:29:08,850  
呃  
  
710  
00:29:08,890 --> 00:29:11,970  
包括很多种汤证的加减啊  
  
711  
00:29:12,400 --> 00:29:13,320  
呃，小柴胡啊  
  
712  
00:29:13,920 --> 00:29:16,880  
这个这个一旦有，有胸中有邪气  
  
713  
00:29:16,920 --> 00:29:17,240  
对吧  
  
714  
00:29:17,360 --> 00:29:18,640  
那也是要加瓜漏实  
  
715  
00:29:20,370 --> 00:29:20,570  
啊  
  
716  
00:29:20,570 --> 00:29:22,210  
这就是它的用处啊  
  
717  
00:29:22,290 --> 00:29:25,930  
把这个阳窍阳位之中的这个阴邪怎么办啊  
  
718  
00:29:26,290 --> 00:29:29,220  
把他润通，苦润下降  
  
719  
00:29:29,660 --> 00:29:30,540  
让它降下去  
  
720  
00:29:31,550 --> 00:29:32,350  
呃，蟹白  
  
721  
00:29:32,830 --> 00:29:33,910  
咱们知道是什么  
  
722  
00:29:33,910 --> 00:29:37,670  
这个我们东北叫小根蒜啊  
  
723  
00:29:37,670 --> 00:29:38,390  
长得像蒜  
  
724  
00:29:38,910 --> 00:29:39,550  
呃，不太大  
  
725  
00:29:40,270 --> 00:29:42,920  
呃，我不太喜欢吃这个  
  
726  
00:29:42,920 --> 00:29:46,120  
因为这个东西它对它那个那个  
  
727  
00:29:46,320 --> 00:29:50,320  
我从小吧那个葱蒜韭菜都吃不了啊  
  
728  
00:29:50,320 --> 00:29:51,360  
打小就吃不了啊  
  
729  
00:29:51,360 --> 00:29:53,040  
就是包括什么洋葱  
  
730  
00:29:53,040 --> 00:29:56,570  
都是后来食十马八进才才才才敢吃啊  
  
731  
00:29:56,970 --> 00:29:59,610  
就就这这种特有的味道啊  
  
732  
00:29:59,610 --> 00:30:02,460  
那么过去，我们呃说以前呢  
  
733  
00:30:02,900 --> 00:30:07,120  
这个这这这这个呃世家啊  
  
734  
00:30:07,240 --> 00:30:09,790  
称之为叫叫五荤是吧  
  
735  
00:30:10,110 --> 00:30:10,870  
也叫五熏  
  
736  
00:30:11,030 --> 00:30:14,630  
这个东西它都是气味比较比较冲，比较冲  
  
737  
00:30:14,630 --> 00:30:16,160  
这东西，呃  
  
738  
00:30:16,440 --> 00:30:18,720  
那么谢来也是一样味心呢  
  
739  
00:30:19,560 --> 00:30:20,320  
秀惠啊  
  
740  
00:30:20,320 --> 00:30:22,320  
就是它的味道是是什么样的呢  
  
741  
00:30:22,560 --> 00:30:23,680  
是秽浊的啊  
  
742  
00:30:24,180 --> 00:30:26,300  
但是中医就是牛就牛在这儿啊  
  
743  
00:30:26,740 --> 00:30:30,490  
咱们说没有这个东西好或者不好，是不是这道理  
  
744  
00:30:30,490 --> 00:30:32,450  
那你说砒霜好不好  
  
745  
00:30:33,630 --> 00:30:37,070  
那你说它要好，那下去之后就能毒死人  
  
746  
00:30:37,470 --> 00:30:38,430  
那你说它不好  
  
747  
00:30:38,860 --> 00:30:41,860  
临床上那么那么多白血病的患者  
  
748  
00:30:42,340 --> 00:30:44,180  
那你没他还不行，没错吧  
  
749  
00:30:45,320 --> 00:30:49,560  
那么这个就说这个事儿呃  
  
750  
00:30:51,340 --> 00:30:52,660  
悟性各有所偏  
  
751  
00:30:52,780 --> 00:30:53,900  
但是各有所用啊  
  
752  
00:30:54,180 --> 00:30:58,300  
那我们说所谓骚焦相兴腑腑气则入肾呢  
  
753  
00:30:58,780 --> 00:30:59,700  
讲这个道理啊  
  
754  
00:30:59,700 --> 00:31:03,100  
那么臭秽的东西它都是其实都能通肾气的  
  
755  
00:31:03,100 --> 00:31:05,500  
而且这个东西长的形状，你看小头蒜啊  
  
756  
00:31:05,500 --> 00:31:07,660  
它其实没有中间的那个芯儿  
  
757  
00:31:07,860 --> 00:31:09,460  
它是一层一层的临镜是吧  
  
758  
00:31:09,900 --> 00:31:11,900  
他直行上下啊  
  
759  
00:31:11,900 --> 00:31:13,420  
向上啊，直通向上  
  
760  
00:31:13,700 --> 00:31:16,140  
那么是不是象征地气上升指向啊  
  
761  
00:31:16,440 --> 00:31:19,440  
而且它味道辛温，所以能够叫什么呢  
  
762  
00:31:19,840 --> 00:31:23,120  
辛温而上升，能够通肾气以上升  
  
763  
00:31:23,320 --> 00:31:26,920  
因此你看啊，一个瓜楼石能够降天气以下降  
  
764  
00:31:27,440 --> 00:31:28,280  
那么能够降浊  
  
765  
00:31:29,280 --> 00:31:33,890  
一个呃，泻白能够拔肾气以上升  
  
766  
00:31:34,330 --> 00:31:35,450  
能够通地气  
  
767  
00:31:36,300 --> 00:31:37,820  
那么这样的话，天地交泰  
  
768  
00:31:37,860 --> 00:31:39,740  
这是我们从义理的角度啊  
  
769  
00:31:39,980 --> 00:31:41,220  
给他说的那傻一点  
  
770  
00:31:41,340 --> 00:31:43,300  
说的更直观一点就更简单啊  
  
771  
00:31:43,620 --> 00:31:47,890  
就是谢白把下焦的动力和阳气怎么办啊  
  
772  
00:31:48,540 --> 00:31:49,940  
往上浇，唤醒它  
  
773  
00:31:50,020 --> 00:31:50,580  
提升它  
  
774  
00:31:50,940 --> 00:31:52,100  
这个不是补阳气啊  
  
775  
00:31:52,100 --> 00:31:54,640  
它是直接唤醒它升上来，对吧  
  
776  
00:31:54,640 --> 00:31:56,600  
就像你吃完葱和蒜之后  
  
777  
00:31:56,960 --> 00:32:00,040  
这浑身比较阳气比较足啊  
  
778  
00:32:00,320 --> 00:32:03,640  
那么北方人为啥吃这个葱蒜有这习惯呢  
  
779  
00:32:03,640 --> 00:32:04,520  
因为北方冷吗  
  
780  
00:32:04,920 --> 00:32:08,240  
北方冷之后，那那吃完之后它身上有温度是吧  
  
781  
00:32:08,240 --> 00:32:11,640  
那你看呃，葱和蒜在伤寒论里它都放在什么位置  
  
782  
00:32:12,120 --> 00:32:12,840  
在伤寒论  
  
783  
00:32:13,300 --> 00:32:13,820  
呃呃  
  
784  
00:32:13,820 --> 00:32:15,220  
对，伤寒论里没有蒜啊  
  
785  
00:32:15,260 --> 00:32:16,340  
就是葱这个位置  
  
786  
00:32:17,180 --> 00:32:19,700  
这一讲高兴了，把他把他也拽下来  
  
787  
00:32:19,820 --> 00:32:22,600  
那么那个伤寒论里有有葱板，白通汤  
  
788  
00:32:22,720 --> 00:32:23,120  
伤寒病  
  
789  
00:32:23,120 --> 00:32:24,320  
夏利者，白通汤主治  
  
790  
00:32:24,320 --> 00:32:26,360  
我们临床上拿它治心衰啊  
  
791  
00:32:26,360 --> 00:32:26,960  
治尿毒症  
  
792  
00:32:27,120 --> 00:32:28,600  
治那个脑癌，对吧  
  
793  
00:32:28,600 --> 00:32:29,520  
效果都非常好  
  
794  
00:32:29,960 --> 00:32:30,160  
呃  
  
795  
00:32:30,600 --> 00:32:35,590  
还有通脉四逆汤加葱酒精那个我习惯用的是葱叶  
  
796  
00:32:35,870 --> 00:32:37,670  
治什么所谓带阳之症，对吧  
  
797  
00:32:37,670 --> 00:32:40,390  
阴阳离决这个咱们在在临床上用的多  
  
798  
00:32:41,220 --> 00:32:42,220  
额，那么谢白呢  
  
799  
00:32:42,220 --> 00:32:43,380  
那就是小头蒜啊  
  
800  
00:32:43,380 --> 00:32:45,220  
他都是有温通之性的啊  
  
801  
00:32:45,300 --> 00:32:46,780  
都是有温通之性的  
  
802  
00:32:47,770 --> 00:32:50,130  
那么最妙的是他后头这个白酒啊  
  
803  
00:32:50,130 --> 00:32:51,630  
大家注意一下，呃  
  
804  
00:32:51,630 --> 00:32:52,510  
讲到这之后呢  
  
805  
00:32:52,510 --> 00:32:54,750  
很多同学我看眼睛都亮了啊  
  
806  
00:32:54,910 --> 00:32:55,990  
这个你想多了  
  
807  
00:32:56,270 --> 00:32:58,390  
不是我们现在说的白酒  
  
808  
00:32:58,390 --> 00:32:59,950  
因为你你要知道一个问题  
  
809  
00:33:00,270 --> 00:33:02,510  
咱们说那个今天喝的白酒呢  
  
810  
00:33:02,950 --> 00:33:08,700  
特指这种用粮食酿造的高度的蒸馏酒是吧  
  
811  
00:33:09,700 --> 00:33:11,300  
但是咱们知道一个问题啊  
  
812  
00:33:11,860 --> 00:33:13,780  
这个所谓的蒸馏技术  
  
813  
00:33:15,790 --> 00:33:15,990  
呃  
  
814  
00:33:16,190 --> 00:33:19,430  
在早期的时候，只是中国的局部地区有  
  
815  
00:33:20,490 --> 00:33:22,130  
比如说山西汾酒，汾酒  
  
816  
00:33:22,210 --> 00:33:22,530  
对吧  
  
817  
00:33:22,730 --> 00:33:24,650  
我听说过他是有有这个的啊  
  
818  
00:33:25,670 --> 00:33:26,270  
比较早  
  
819  
00:33:26,870 --> 00:33:28,830  
但是在全国普及的时候  
  
820  
00:33:28,830 --> 00:33:30,990  
尤其是在仲景先生，是河南南阳人  
  
821  
00:33:30,990 --> 00:33:31,270  
对吧  
  
822  
00:33:31,510 --> 00:33:33,070  
后来去了长长沙  
  
823  
00:33:34,350 --> 00:33:35,110  
去了湖南  
  
824  
00:33:35,950 --> 00:33:36,150  
呃  
  
825  
00:33:36,390 --> 00:33:38,550  
那么在中原的广袤地区  
  
826  
00:33:39,010 --> 00:33:39,930  
尤其在汉代  
  
827  
00:33:40,170 --> 00:33:42,050  
它这个白酒一准儿，不是蒸馏酒  
  
828  
00:33:42,050 --> 00:33:46,670  
蒸馏酒全面普及得是在从那个忽必烈之后吧  
  
829  
00:33:46,990 --> 00:33:47,950  
从元朝以后啊  
  
830  
00:33:47,950 --> 00:33:51,450  
从中东，咱们学习了这个高度酒的蒸馏技术  
  
831  
00:33:51,810 --> 00:33:54,740  
马背民族把他带到了中原啊  
  
832  
00:33:54,780 --> 00:33:56,340  
才才才有这个全面普及  
  
833  
00:33:56,540 --> 00:33:58,500  
那么我们说这白酒是什么啊  
  
834  
00:33:59,450 --> 00:34:01,210  
那在这呢，有很多考证  
  
835  
00:34:01,650 --> 00:34:04,530  
呃，我先说一下古代的一家的考证  
  
836  
00:34:04,530 --> 00:34:05,210  
古代一家  
  
837  
00:34:05,330 --> 00:34:07,990  
当然我说的都是那个清代一家啊，呃  
  
838  
00:34:07,990 --> 00:34:11,790  
大多数认为是用比较这个  
  
839  
00:34:12,929 --> 00:34:16,650  
就是类似于那个那个发酵的那个大米  
  
840  
00:34:17,110 --> 00:34:18,110  
酿的那个白米酒  
  
841  
00:34:18,550 --> 00:34:19,110  
但是呢  
  
842  
00:34:19,230 --> 00:34:21,110  
古代一家倾向于说这个  
  
843  
00:34:21,510 --> 00:34:22,909  
它就类似于清江水  
  
844  
00:34:22,949 --> 00:34:24,949  
就是多少有点藕酸的那种感觉  
  
845  
00:34:25,590 --> 00:34:26,350  
呃，这个呢  
  
846  
00:34:26,469 --> 00:34:28,610  
我没有太多的体会  
  
847  
00:34:28,650 --> 00:34:31,090  
但是我呢，就抓住一个核心  
  
848  
00:34:31,449 --> 00:34:34,770  
我觉得它必须得是白颜色的米酒  
  
849  
00:34:35,480 --> 00:34:36,440  
这个大家明白了吧  
  
850  
00:34:36,440 --> 00:34:37,520  
你比如说湖北啊  
  
851  
00:34:38,560 --> 00:34:40,800  
我们说那个董永的家乡孝感  
  
852  
00:34:41,770 --> 00:34:42,370  
咱不知道吧  
  
853  
00:34:42,690 --> 00:34:43,690  
那个孝感那块  
  
854  
00:34:43,889 --> 00:34:45,850  
他就有那个白米酒，没错吧  
  
855  
00:34:46,010 --> 00:34:46,650  
他特别白  
  
856  
00:34:46,850 --> 00:34:47,969  
那为啥要白呢  
  
857  
00:34:48,330 --> 00:34:51,440  
因为这个里头，我写这么四个字啊  
  
858  
00:34:52,679 --> 00:34:55,120  
你你你你，你去体会一下啊  
  
859  
00:34:55,889 --> 00:35:00,170  
这四个字非常重要，叫气声  
  
860  
00:35:02,130 --> 00:35:02,650  
纸嫁  
  
861  
00:35:05,420 --> 00:35:06,260  
因为酒啊  
  
862  
00:35:06,300 --> 00:35:09,300  
本身它能够从五谷啊  
  
863  
00:35:09,940 --> 00:35:13,130  
熟化成酒之后，他就能行中焦之气  
  
864  
00:35:13,130 --> 00:35:14,690  
它里头是有能能量的  
  
865  
00:35:14,890 --> 00:35:16,410  
酒都有发散的能量，对吧  
  
866  
00:35:16,770 --> 00:35:19,290  
所以酒气都能升散，这个不用说  
  
867  
00:35:19,770 --> 00:35:24,690  
但是他在这个生产过程中有一个非常非常重要的要点，就是什么  
  
868  
00:35:25,170 --> 00:35:27,490  
你光生伞上去还不行  
  
869  
00:35:28,370 --> 00:35:29,290  
你还得怎么办啊  
  
870  
00:35:30,450 --> 00:35:31,410  
你还得下来  
  
871  
00:35:32,040 --> 00:35:32,200  
哎  
  
872  
00:35:32,200 --> 00:35:33,320  
这个大家明白了吧  
  
873  
00:35:33,630 --> 00:35:35,070  
就是是它是两回事啊  
  
874  
00:35:35,070 --> 00:35:36,870  
我们说九是不是能生发呀  
  
875  
00:35:37,150 --> 00:35:37,870  
能上升啊  
  
876  
00:35:37,870 --> 00:35:41,510  
我们说龙升虎降，龙升虎降才能龙虎回环吧  
  
877  
00:35:42,210 --> 00:35:44,650  
那你光升上去，地气上升  
  
878  
00:35:44,730 --> 00:35:47,090  
光把它，我说把血管给你冲开  
  
879  
00:35:47,410 --> 00:35:48,090  
这个还不行  
  
880  
00:35:49,010 --> 00:35:52,540  
不够怎么才算这个句号画圆满了  
  
881  
00:35:53,140 --> 00:35:54,740  
你还得从上头怎么办啊  
  
882  
00:35:55,500 --> 00:36:00,390  
从上交清阳之位，你得把这些浊气把它降下来  
  
883  
00:36:00,590 --> 00:36:02,710  
所以只有这种白色的  
  
884  
00:36:03,150 --> 00:36:05,350  
白浊的米酒才能行  
  
885  
00:36:05,350 --> 00:36:07,670  
什么作用叫气声止降的作用  
  
886  
00:36:07,870 --> 00:36:08,390  
没错吧  
  
887  
00:36:08,590 --> 00:36:10,150  
他的纸是浑浊的  
  
888  
00:36:10,800 --> 00:36:12,000  
浊的才能归于地  
  
889  
00:36:12,480 --> 00:36:14,000  
我们说清阳归于天  
  
890  
00:36:14,680 --> 00:36:15,800  
浊阴归于地吧  
  
891  
00:36:16,560 --> 00:36:17,640  
那么一定是这样啊  
  
892  
00:36:18,200 --> 00:36:18,400  
哎  
  
893  
00:36:18,840 --> 00:36:22,240  
这这这个气味，清清者皆项与天  
  
894  
00:36:22,750 --> 00:36:24,550  
重浊者皆项羽帝啊  
  
895  
00:36:24,550 --> 00:36:28,070  
所以只有这个浊酒，也就是这个  
  
896  
00:36:28,690 --> 00:36:30,050  
只要你是浑浊的  
  
897  
00:36:30,050 --> 00:36:32,690  
你甭管是那个孝感的米酒  
  
898  
00:36:32,690 --> 00:36:35,690  
还是说古代医家说的藕酸的那种那种酒  
  
899  
00:36:35,980 --> 00:36:37,420  
还是甚至我认为啊  
  
900  
00:36:37,660 --> 00:36:42,190  
我们延边州朝鲜族他们酿的那个米酒啊  
  
901  
00:36:42,710 --> 00:36:43,990  
朝语叫马克利是吧  
  
902  
00:36:44,390 --> 00:36:46,030  
那么都行  
  
903  
00:36:46,270 --> 00:36:47,990  
只要它的性质是浑浊的  
  
904  
00:36:48,430 --> 00:36:50,270  
只要它的性质是浑浊的啊  
  
905  
00:36:50,270 --> 00:36:52,590  
那你用那个那个朝族米酒更好  
  
906  
00:36:52,590 --> 00:36:54,790  
因为朝族米酒酸，酸则能入肝  
  
907  
00:36:54,870 --> 00:36:56,790  
肝则能通生发之气，对吧  
  
908  
00:36:57,070 --> 00:36:58,510  
但能治那个肝阴虚  
  
909  
00:36:58,510 --> 00:37:00,470  
现在人都好多厥阴病哈  
  
910  
00:37:00,560 --> 00:37:01,680  
其实也可以可以用  
  
911  
00:37:01,680 --> 00:37:02,920  
我是这么理解的  
  
912  
00:37:03,040 --> 00:37:04,360  
你得明白他是为什么  
  
913  
00:37:04,570 --> 00:37:05,290  
那么当然了  
  
914  
00:37:05,330 --> 00:37:06,010  
气声止降  
  
915  
00:37:06,050 --> 00:37:07,610  
这个呢，不是我本人说的  
  
916  
00:37:07,850 --> 00:37:09,410  
它源于清代一位医家  
  
917  
00:37:10,010 --> 00:37:11,330  
这位医家呢，姓朱  
  
918  
00:37:12,410 --> 00:37:13,170  
叫朱光  
  
919  
00:37:13,210 --> 00:37:14,770  
被我写一下他名字啊  
  
920  
00:37:15,860 --> 00:37:17,780  
呃，我为什么要单独说一下他呢  
  
921  
00:37:19,100 --> 00:37:20,620  
这个宜家不太出名  
  
922  
00:37:21,960 --> 00:37:27,920  
呃贝就是那个衣补旁的那个贝珠光贝  
  
923  
00:37:29,320 --> 00:37:30,600  
这位医家不太出名  
  
924  
00:37:30,960 --> 00:37:32,880  
他有一部著作叫金匮  
  
925  
00:37:33,000 --> 00:37:34,440  
要略正义  
  
926  
00:37:36,190 --> 00:37:36,350  
啊  
  
927  
00:37:36,710 --> 00:37:37,190  
当然了  
  
928  
00:37:37,390 --> 00:37:40,070  
这个因为我本人啊，这个从教的原因  
  
929  
00:37:40,070 --> 00:37:42,950  
我看的文献比较比较比较杂一点  
  
930  
00:37:42,950 --> 00:37:45,310  
儿啊呃，什么文献都看  
  
931  
00:37:45,710 --> 00:37:50,350  
但是我看了明清两代的关于胸壁这一篇的论述  
  
932  
00:37:50,350 --> 00:37:54,390  
实话实说啊这个呃，排名不分先后  
  
933  
00:37:54,970 --> 00:37:56,850  
那么就是说说这么一个问题  
  
934  
00:37:57,370 --> 00:37:57,570  
呃  
  
935  
00:37:59,010 --> 00:38:03,440  
那么所谓论述胸壁之证啊  
  
936  
00:38:03,920 --> 00:38:07,000  
那么如果说论述的比较精详  
  
937  
00:38:07,840 --> 00:38:10,360  
相对来说实话实讲啊，呃  
  
938  
00:38:10,560 --> 00:38:12,200  
我觉得朱光贝先生呢  
  
939  
00:38:12,240 --> 00:38:14,990  
相对还是更说的完善一点  
  
940  
00:38:14,990 --> 00:38:16,310  
那么这个气声纸匠呢  
  
941  
00:38:16,470 --> 00:38:19,650  
就是我从他著作之中提炼出来的原画啊  
  
942  
00:38:19,650 --> 00:38:22,050  
这个我希望大家对兄弟感兴趣啊  
  
943  
00:38:22,050 --> 00:38:23,530  
你想再多了解一下的话  
  
944  
00:38:23,970 --> 00:38:26,750  
呃，你就这个当然广泛的看  
  
945  
00:38:26,790 --> 00:38:29,990  
但是你可以看到朱光贝先生的著作的时候  
  
946  
00:38:29,990 --> 00:38:31,630  
你别直接划过去啊  
  
947  
00:38:31,630 --> 00:38:33,440  
你重点多看看这个呢，呃  
  
948  
00:38:33,440 --> 00:38:36,440  
算是我帮你，也是也是趟过来了啊你  
  
949  
00:38:36,440 --> 00:38:37,280  
你你也看一看  
  
950  
00:38:37,520 --> 00:38:38,800  
很多东西对比一下嘛  
  
951  
00:38:38,800 --> 00:38:39,080  
对吧  
  
952  
00:38:39,920 --> 00:38:40,200  
嗯  
  
953  
00:38:40,700 --> 00:38:42,380  
那么尺有所短，寸有所长啊  
  
954  
00:38:42,380 --> 00:38:44,340  
也不是说一个一家好，他就哪儿都好  
  
955  
00:38:44,780 --> 00:38:47,600  
但是有的一家呢，可能并不一定很出名  
  
956  
00:38:47,960 --> 00:38:51,160  
但在某一个地方他就会非常精到  
  
957  
00:38:51,480 --> 00:38:52,760  
呃，这位朱先生呢  
  
958  
00:38:52,760 --> 00:38:55,930  
我看他在整个这个兄弟的论述之中  
  
959  
00:38:56,170 --> 00:38:57,890  
非常的有体系啊  
  
960  
00:38:57,890 --> 00:38:58,730  
非常的有体系  
  
961  
00:38:58,730 --> 00:38:59,650  
非常精道  
  
962  
00:39:01,080 --> 00:39:01,360  
额  
  
963  
00:39:03,400 --> 00:39:04,360  
那么后头呢  
  
964  
00:39:06,730 --> 00:39:08,170  
其实也有一些议价论述啊  
  
965  
00:39:08,170 --> 00:39:09,490  
我在这补充一个问题  
  
966  
00:39:10,250 --> 00:39:10,610  
呃  
  
967  
00:39:12,290 --> 00:39:14,770  
这个张延安先生啊  
  
968  
00:39:15,170 --> 00:39:17,050  
咱们知道清代钱唐七画  
  
969  
00:39:18,010 --> 00:39:19,850  
呃，开宗之祖啊  
  
970  
00:39:20,790 --> 00:39:22,990  
那么他说过一句话，我觉得很有味道  
  
971  
00:39:22,990 --> 00:39:24,110  
这句话我送给大家  
  
972  
00:39:24,150 --> 00:39:25,470  
那么作为我们的一个参考  
  
973  
00:39:25,710 --> 00:39:29,040  
因为临床上我们瓜楼泻白白酒汤其实用的特别多对吧  
  
974  
00:39:29,320 --> 00:39:31,480  
包括我们在平时处方的时候，各种酒都用  
  
975  
00:39:31,800 --> 00:39:33,980  
伤寒论里有清酒，没错吧  
  
976  
00:39:33,980 --> 00:39:34,500  
炙甘草汤  
  
977  
00:39:35,220 --> 00:39:37,180  
当归四逆加乌龟生姜汤  
  
978  
00:39:37,180 --> 00:39:39,060  
这里头都有清酒呃  
  
979  
00:39:40,930 --> 00:39:43,650  
那么这些酒清酒也好，还是白酒也罢  
  
980  
00:39:43,650 --> 00:39:44,570  
我们到底用谁  
  
981  
00:39:45,090 --> 00:39:47,490  
其实有的时候我们就要想明白医理啊  
  
982  
00:39:47,490 --> 00:39:48,730  
这个就要想明白医理  
  
983  
00:39:49,070 --> 00:39:49,270  
呃  
  
984  
00:39:49,310 --> 00:39:50,510  
延安先生说这么一句话  
  
985  
00:39:50,510 --> 00:39:52,110  
我觉得非常有意思  
  
986  
00:39:52,110 --> 00:39:54,870  
给大家分享一下啊你你你作为一个参考  
  
987  
00:39:55,670 --> 00:39:57,790  
严先生说，老酒煮上行  
  
988  
00:39:57,950 --> 00:39:58,150  
哎  
  
989  
00:39:58,270 --> 00:39:59,230  
老酒是啥呀  
  
990  
00:39:59,710 --> 00:40:01,710  
老酒其实说的是绍兴花雕  
  
991  
00:40:02,760 --> 00:40:04,320  
也就是黄酒，对吧  
  
992  
00:40:04,760 --> 00:40:05,520  
那个酒呢  
  
993  
00:40:05,520 --> 00:40:08,720  
是咱们以前汉民族主体饮用的都是黄酒  
  
994  
00:40:08,960 --> 00:40:11,020  
但是后来从元以后啊  
  
995  
00:40:11,100 --> 00:40:13,660  
马背民族把这个白酒带到中原  
  
996  
00:40:14,060 --> 00:40:16,740  
白酒渐渐替代了老酒  
  
997  
00:40:17,060 --> 00:40:19,670  
就是过去老辈人喝的酒嘛  
  
998  
00:40:19,670 --> 00:40:21,990  
我们讲叫叫叫老式年间，对吧  
  
999  
00:40:22,310 --> 00:40:24,470  
那个老辈人喝的黄酒把他替代了  
  
1000  
00:40:24,670 --> 00:40:27,590  
那么野安先生说了这么一句话，叫老酒煮上行啊  
  
1001  
00:40:27,630 --> 00:40:29,030  
大家琢磨这个味道啊  
  
1002  
00:40:29,920 --> 00:40:33,160  
白酒能行，上而复行下  
  
1003  
00:40:34,550 --> 00:40:35,910  
这句话，你细琢磨琢磨  
  
1004  
00:40:36,350 --> 00:40:39,870  
白酒能形上而复  
  
1005  
00:40:39,870 --> 00:40:42,070  
形下适宜，怎么样呢  
  
1006  
00:40:42,720 --> 00:40:45,400  
饮白酒而则多腻  
  
1007  
00:40:45,800 --> 00:40:46,600  
他讲这么一个问题  
  
1008  
00:40:46,600 --> 00:40:48,080  
就是你喝这个白酒  
  
1009  
00:40:48,080 --> 00:40:49,360  
白酒就是说的浊酒  
  
1010  
00:40:49,360 --> 00:40:52,150  
是不是所谓一壶浊酒喜相逢啊  
  
1011  
00:40:52,150 --> 00:40:53,590  
这个就是我们今天说的那个  
  
1012  
00:40:53,710 --> 00:40:55,630  
那个白酒很浑浊的啊  
  
1013  
00:40:56,070 --> 00:40:59,340  
那么这个酒喝多了之后，小便就贫  
  
1014  
00:40:59,460 --> 00:41:00,940  
去上去上厕所去的多  
  
1015  
00:41:01,380 --> 00:41:03,340  
那么很多酒我们在你去体会啊  
  
1016  
00:41:03,660 --> 00:41:05,740  
那么这个就是一个关窍了  
  
1017  
00:41:05,980 --> 00:41:07,660  
那么主上行则能发汗  
  
1018  
00:41:08,140 --> 00:41:10,020  
则能脸红则能发热  
  
1019  
00:41:10,620 --> 00:41:12,500  
主下行就没事往厕所跑  
  
1020  
00:41:12,940 --> 00:41:15,220  
因此在临床上你说老师  
  
1021  
00:41:15,260 --> 00:41:18,540  
我实在不知道瓜蒌泻白白酒汤用啥酒替代  
  
1022  
00:41:18,940 --> 00:41:23,060  
你就看看哪个酒喝完了之后就玩命跑厕所，你就明白了  
  
1023  
00:41:23,100 --> 00:41:26,620  
说明这个酒力一定是那嗜酒就能生，对吧  
  
1024  
00:41:26,920 --> 00:41:29,440  
那么它但是不一定嗜酒就能降  
  
1025  
00:41:30,270 --> 00:41:31,590  
那这酒我一定能下降  
  
1026  
00:41:31,790 --> 00:41:33,190  
但是我要说明一个问题  
  
1027  
00:41:33,350 --> 00:41:36,990  
我们今天市场上兜售的大多数的啤酒  
  
1028  
00:41:37,450 --> 00:41:38,850  
之所以会小便频  
  
1029  
00:41:39,250 --> 00:41:42,330  
因为它可能里头加入了大量的利尿剂  
  
1030  
00:41:42,570 --> 00:41:43,250  
那个不行  
  
1031  
00:41:43,290 --> 00:41:43,810  
明白了吧